

TAKE CARE, BE AWARE

ON THE ROADS, IN THE POOL AND AT THE BEACH

SUMMER IS HERE AND IT'S THE TIME EVERYONE IS OUT ON THE ROAD AND IN THE WATER ENJOYING THEMSELVES. It's important to be aware of the risks this summer to keep you and your family safe.

Safety Tips for Summer

- Don't drink alcohol and swim.
- Don't text and drive: it's just not worth it. Put your phone on silent and be aware of the road.
- Always use a lifejacket when boating.
- Never dive in unfamiliar waters. Hidden objects can cause injury. Be aware of sandbars and other hazards in the ocean.
- Be aware of cyclists on the roads.
- Keep your eyes on children and anyone you're with, in the surf.
- Pay attention to safety signs warning of dangerous conditions in the water.
- Drink lots of water and stay hydrated.
- Always swim between the red and yellow flags at the beach.
- Check the depth before diving into a swimming pool.

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SUMMER SAFETY CAMPAIGN

